

Justin Poston

Justin Poston started shag dancing at age 8 in 1999 at the local Virginia Beach club Steppin' Out. There he met his first shag family at weekly lessons with Larry and Kathy Williams, and he met his first shag friend and fellow junior shagger Brennar Goree. The two went on to become good friends, traveling and competing against each other for several years.

After just a few months, he participated in his first competition at the Virginia Beach Music Festival in 2000. Shortly after, he competed in his first National Shag Dance Championships in the Junior 1 division in 2001, where he met his long-term dance partner Tory Robinette.

With further advanced competitive coaching from Jac and Erin White, Justin and Tory competed at the highest levels in the National Shag Dance Championships in North Myrtle Beach, SC, the Grand National Dance Championships in Atlanta, Ga, the US Open dance competition in California and many other competitions from 2002 to 2010.

Justin and Tory took 1st place at the National Shag Dance Championships in Junior 1 division in 2003, 2005, 2006, and placed 1st at the Grand Nationals as Junior 2 dancers in 2009.

Rounding out a stellar competitive career, in 2007-2008 he became a member of the National Shag Dance Team and then later he and Tory danced on the Junior Shag Dance Team in 2008-2010.

Justin currently lives in New York City where he works as a designer in the tech industry.